COMING SOON

SORE THROAT
10" (P.I.U. # 26)
REPRESS OF THERE "ABRAHAMS EAR 7" AND THE "DEATH TO CAPITALIST HARDCORE 7", PLUS SOME UNRELEASED MATERIAL.

UNCURBED/ MY COLD EMBRACE
Split 7" (P.I.U. # 27)
UNCURBED WITH TWO TRACKS RECORDED IN 2000, GREAT CRUST CORE. THE MY COLD EMBRACE SIDE BRING US 2 INFERNAL CRUST ATTACKS, RECORDED SOMEWHERE IN SWEDEN.

SCAPEGOATS
Meluhyökkäys CD (P.I.U. # 28)
CONTAINS ALL RECORDINGS THEY HAVE DONE, THE ULTRARARE "KOPFLOS 7", THE " POGOLEBT" DEMO, THE "LAST ATTACK" DEMO, THE "MARWEDEL" DEMO, LIVE MATERIAL AND THE TRACKS FROM THE "MORE FUN" LP COMPILATION. THE BOOKLET COMES WITH MASSIVE INFORMATION AROUND THE BAND.

BIRDFLESH
Live 7" (P.I.U. # 29)
RECORDED SOMEWHERE IN EUROPE THIS YEAR

KUOLEMA
More Noise CD (P.I.U. # 30)
CONTAINS ALL EARLY RECORDINGS, ALL DEMO'S, LIVE MATERIAL

SORTO/ GENOCIDE
Split LP (P.I.U. # 34)
LIMITED EDITION LP WITH UNRELEASED MATERIAL FROM BOTH BANDS, DEMO AND LIVE MATERIAL.

DENAK/ OPUS DEAD
Split 7" (P.I.U. # 35)
BOTH BANDS WITH NEW RECORDINGS

KATASTROFIAULE
Discography CD (P.I.U. # 36)
INCLUDES THE "OIKEUTETTU VIHA LP", THE SPLIT 7" WITH BATTLE OF DISARM, THE SPLIT 7" WITH EPIDEMIA 5, THE "VAPAUS ON VANKILA" 7", THE "NIHILISTINEN KUOLEMA" 7", COMPILATION TRACKS PLUS MASSIVE UNRELEASED MATERIAL.

DISSECT/ LOS REZIOS
Split 7" (P.I.U. # 37)
DISSECT WITH NEW CRUST CORE ATTACKS AND LOS REZIOS WITH RAW HARDCORE PUNK

GRITOS DE ALERTA/ SICK TERROR
Split 7" (P.I.U. # 38)
GRITOS DE ALERTA WITH 4 NEW TRACKS AND SICK TERROR WITH 4 NEW RECORDINGS PLUS 1 RIISTETYT COVER VERSION. COMES WITH GREAT COVERARTWORK. CO- RELEASE WITH UPS/ NETHERLANDS AND FILTH EAR/ BELGIUM

UNHOLY GRAVE/ SEWN SHUT
Split 7" (P.I.U. # 39)
UNHOLY GRAVE WITH NEW STUDIO MATERIAL AND SEWN SHUT ARE ALSO WITH SOME UNRELEASED MATERIAL

PRICES

LP	**€ 7,90**
CD	**€ 10,00**
7"	**€ 3,20**
5"	**€ 14,10**
2xLP	**€ 12,00**
2xCD	**€ 14,00**
T-Shirts	**€ 9,50**
NAILED DOWN BOX	**€ 38,00**
NAILED DOWN/ RUIDO Metal Tin Box	**€ 7,00**

SOLD OUT TITLES

SORTO
1984-1986 7" (P.I.U. # 6)

BATHTUB SHITTER
Lifetime Shitlist 7" (P.I.U. # 12)

HIBERNATION
Into The Silence Of Eternal Sorrow LP (P.I.U. # 14)

World Wide D.I.Y. Distribution

GERMANY
YELLOW DOG, SKULD, REGURGITATED SEMEN, CUDGEL AGENCY, HÖHNIE, BLINDDATE, RÖDEL, FISCHKOPP PLATTENSHOP, PLASTIC BOMB, CIVILISATION, DIRTY FACES SHOP, DRIFT DIRTY SHOP, HOMBRE LOBO, G7, TOWER VIOLENCE, INSTITUT FÜR MENTALE HYGIENE,

UNITED STATES
FIRST BLOOD FAMILY, STICKFIGURE, HARDCORE HOLOCAUST, HAVOC, SOUND IDEA, AGROMOSH, NUCLEAR BBQ, DEEP SIX, PROFANE EXISTENCE, SIX WEEKS, SIN FRONTERAS, WESTWORLD, MORBID REALITY, GAME TWO, CRIMES AGAINST HUMANITY, RESCUED FROM LIFE, ARMAGEDDON, IMPATIENCE OR INDIFFERENCE, RAZORBACK, RELAPSE, MORTVILLE, WHISPER IN DARKNESS , TORTURE GARDEN PICTURE COMPANY, HATER OF GOD, HALF LIFE, CRIES OF PAIN, CHAOTIC NOISE, INTOLERANT MESSIAH, COMPULSIVER BLASPHEMER,

JAPAN
BOY, BLOODBATH, ANSWER RECORDSHOP, HG FACT, NAT, BASE, SPEEDSTATE, IGNORANT SCENE, ECLYPSE,

AUSTRALIA
DRY RETCH, DEVASTATION,

CZECH REPUBLIC
OUT OF CONTROL, INSANE SOCIETY, HYENYZM, MALERIE, PHOBIA, PSYCHOTHERAPY,

SPAIN
THRONE, LA IDEA, PARADE,

FINLAND
PROLE, KAAOS KORPORAATIO, P.TUOTANTO, O.ITKONEN, FIGHT, BONTONQUE DISTRO, THRASH AND BURN, NORTHERN HARDCORE MASSACRE,

FRANCE
UNDISLESSED, LES NAINS AUSSI, MASS PRODUCTIONS,

ITALY
S.O.A., ANGRY, GRINDMIND,

NETHERLANDS
BADGER, DISPLEASED, UPS, NOISEAPE,

POLAND
SELFMADEGOD, REFUSE, TRUJACA FALA,

ENGLAND
DESTROY, LA VIDA ES UN MUS, RIPPING THRASH,

BRASIL
TERRÖTTEN, BUCHOS DISCOS, 2+2=5,

CANADA
ARSON, TOBACCO SHIT, E.N.D. DISTRO, GREAT WHITE NOISE, OUTRAGEOUS DEFECATION, SCHIZOPHRENIC,

BELGIUM
MINCECORE MAILORDER, FILTH EAR,

SWEDEN
OROKU SAKI, PUTRID FILTH CONSPIRACY, BRIDGE,

AND MANY MORE D.I.Y. DISTRIBUTER

Mailorder/Wholesale

Check out our website at www.power-it-up.de and see our huge mailorder with tons of vinyl, CD's, t-shirts and other merchandise. We have also second hand stuff available and check the „SPECIAL" section for rare and limited stuff.

Stores and distributers we deal direct, contact us at wholesale@power-it-up.de for wholesale information. If you are interested in trading your releases for our titles, get in touch.

POWER IT UP

Power It Up Postfach 1114 38156 Vechelde Germany
www.power-it-up.de e-Mail: Mailorder@power-it-up.de

KATALOG 2004 _ 2005

NAILED DOWN
Might Is Right 7" (P.I.U. # 1)
OUR FIRST OUTPUT 4 NEW TRACKS BY AUSTRALIAN THRASHERS NO. 1 FOR PEOPLES WHO ORDER DIRECTLY FROM US WE HAVE A LIMITED PRESSING OF 200 COPIES IN GREY VINYL AND WITH A PATCH

NAILED DOWN
Perth Wolfpack LP (P.I.U. # 2)
CD (P.I.U. # 21)
THE FIRST LP BY AUSTRALIANS NAILED DOWN . THE LP CONTAINS 18 SONGS OF PURE ENERGY, TRADIONAL OLD SCHOOL HARDCORE INCLUDES ALSO TWO COVER VERSION FROM NEGATIVE FX AND BLITZ. THE LP COMES IN A GATEFOLD SLEEVE WITH LYRICS, DISCOGRAPHY. THE CD CONTAINS SOME CD- ROM LIVE TRACKS

NAILED DOWN
Box (P.I.U. # 2,5)
THE HANDMADE WOODBOX INCLUDES THE "PERTH WOLFPACK" LP IN BLUE VINYL, THE "MIGHT IS RIGHT" 7" IN ORANGE VINYL, A NAILED DOWN T-SHIRT AND BIG PATCH. THE BOX IS STRICTLY LIMITED TO 100 COPIES AND IS ONLY AVAILABLE THRU OUR MAILORDER.

WORMWOOD
Requiescat LP (P.I.U. # 3)
THIS IS LIKE A FUNERAL MARCH STRAIGHT TO HELL! DRIVEN BY 2 BASS PLAYERS 2 PERCUSSIONISTS WITH KEYBOARDS BRINGING IN A HAUNTING MELODY TO LIGHT THE WAY THROUG THE SLUDGE & PRIMAL RHYTMS.THEY CREATE SUCH A DOWN AND DEPRESSING SOUND POWER ANGST & WITH-OUT SPEED, BESIDES OF SOME UPBEAT BITS AND WITH A COVER FULL OF IMAGERY.

BATHTUB SHITTER
One Fun 7" (P.I.U. # 4)
JAPANESE OUTSTANDING GRINDERS WITH THEIR AWESOME DUAL VOCALS AND GREAT BLISTERING GRIND. 5 NEW SONGS AND TWO COVERVERSIONS (TERRORRIZER AND S.O.B)

UNHOLY GRAVE
Against Terrorism 7" (P.I.U. # 5)
6 RAW CRUSTY GRINDCORE ATTACKS WITH FULL OF ANTI TERRORISM LYRICS, RECORDED IN NOVEMBER 2001. THEIR BEST RECORDINGS SO FAR.

NAILED DOWN/ RUIDO
Split 5" (P.I.U. # 7)
NAILED DOWN WITH 4 NEW TRACKS OF TRADIONAL OLD SCHOOL HARDCORE/CRUST CORE, FUCKING GREAT RECORDINGS. RUIDO WITH 2 NEW THRASH ATTACKS.

NAILED DOWN/ RUIDO
Split 5" Box (P.I.U. # 7,5)
WE PUT OUT A REGULAR RELEASE AND A LIMITED EDITION METAL TIN BOX. THE BOX IS LIMITED TO 100 COPIES AND COMES WITH A PATCH, LYRICS AND IS HANDNUMBERED

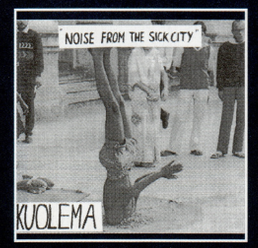
RUIDO
Live, 9.27.00@KXLU Radio L.A. 7"
(P.I.U. # 8)
EIGHT FUCKING INTENSE ATTACKS RECORDED AT KXLU RADIO STATION BY THESE L.A. THRASHCORE LEGENDS

HIBERNATION
Loneliness 7" (P.I.U. # 8,5)
RAGING POWERFULL HARDCORE CRUST WITH TRIUMPHANT METAL POWER. THEY DRAWN FROM THE ROOTS OF AMEBIX, AXEGRINDER, BOLT THROWER WITH EERIE DEEP MOODY AND ATMOSPHERIC SOUND.

BATHTUB SHITTER
97 +3 Shit Points 7" (P.I.U. # 9)
97+3 SHIT POINTS MEANS DEMO 97 + 3 BONUS TRACKS, (3 TRACKS OF SPLIT 7' WITH DUDMAN)

TUOMIOPÄIVÄN LAPSET
Discography 2xLP (P.I.U. # 10/11)
2xCD (P.I.U. # 16/17)
THE FULL DISCOGRAPHY BY THESE FINNISH LEGENDARY HARDCORE BAND, THE LP'S CONTAINS THE " POMMINPURKAJA 7", RAUHAN AIKA 7", THE SPLIT 7" WITH DISRUPT, EI KOSKAAN PERIKSI 7", SAATANAN MURHAAJAT 7", PAINUKKA VITTUUN 2x7" AND COMPILATION TRACKS ALL TOGETHER 59 SONGS. THE CD HAS THE GENOCIDE-MLP AS BONUS.

HIBERNATION
Into The Silence Of Eternal Sorrow CD (P.I.U. # 15)
HIBERNATION WITH THEIR RAGING HARDCORE/ CRUST POWER, 10 NEW TRACKS RECORDED LAST YEAR IN THE VEIN OF AMEBIX, AXEGRINDER, GREAT ARTWORK LOOKS FUCKING METAL. CD INCLUDES THE " LONELINESS 7"



KUOLEMA
Noise From The Sick City 7"
(P.I.U. # 19)
NEW EP BY THESE PIONEERS OF TRADITIONAL OLD SCHOOL FINISH PROPAGANDA HARDCORE, INCLUDES 9 TRACKS INCLUDE A COVER VERSION OF TERVEET KÄDET'S "VAPAA POHJOLA". RECORDED IN FEBRUAR '83 WITH WALDE FROM TERVEET KÄDET ON GUITAR.

DISSECT
Toodellista Todellisuutta 7"
(P.I.U. # 20)
4 SONGS OF REALLY STRONG SOUNDING POLITICAL D-BEAT PUNK CRUST ATTACK FROM FINLAND. A MIX BETWEEN CRUST, ANARCHO-PUNK, EARLY 90'S CRUST HARDCORE FROM A SANDINAVIAN BANDS PLUS VOCALS IN FINNISH FOR THE EXTRA TOUCH. THIS IS PRETTY GOOD STUFF.

KATASTROFIALUE
Taivaasta Roskin 7" (P.I.U. # 22)
10 UNRELEASED TRACKS RECORDED '94 OF HARSH CRUST / GRIND CORE. COVERARTWORK DONE BY SEAN HOGAN

SORE THROAT/ NEW YORK AGAINST THE BELZEBU
Split CD (P.I.U. # 23)
SORE THROAT WITH 10 TRACKS OF TOTAL NOISE AND 26 BLASTING NOISE/GRINDCORE ATTACKS BY THESE BRASIL OUTFIT

AGATHOCLES/ KADAVERFICKER
Split 7" (P.I.U. # 24)
4 BRAND NEW TRACKS BY BELGIUM MINCE CORE KINGS AGATHOCLES. RECORDED IN DECEMBER 2003 AND 2 FUCKING INTENSE SLUDGE TRACKS BY GERMANY'S KADAVERFICKER

UNHOLY GRAVE/ KADAVERFICKER
Split 7" (P.I.U. # 25)
BOTH BANDS WITH NEW TRACKS U.G. WITH TRADITIONAL GRINDCORE AND K.F. WITH AWESOME SLUDGE

MESRINE/ DEPRESSION
Split LP (P.I.U. # 31)
12 AWESOME GRINDCORE TUNES FROM MESRINE INCLUDE A COVERVERSION FROM DEPRESSION AND ALSO 12 GROOVY GRIND TRACKS FROM DEPRESSION INCLUDE A MESRINE AND A TURBONEGRO COVERVERSION. THE LP COMES IN A LIMITED VERSION OF 1000 COPIES. THE FIRST 500 COPIES ARE IN COLOURED VINYL.

F.U.B.A.R./ MATKA TERESA
Split 7" (P.I.U. # 32)
F.U.B.A.R. PROVIDES YOU WITH THE HEAVIEST GRIND ASSAULT THAT YOU'LL EVER EXPERIENCE, A SONIC ASSAULT ON THE SENSES. MATKA TERESA, THE CRUSTIES WILL BLOW UP YOUR STEREO AND LEAVE YOU BREATHLESS. MASSIVE DUTCH AUDIO TERROR UNITED!

BATHTUB SHITTER
Wall Of World Is Words CD
(P.I.U. # 33)
RE RELEASES FROM THEIR 10" ON FAREWELL REC. CONTAINS THE TRACKS FROM THE 10" PLUS BONUS TRACKS. BLISTERING GRIND CORE FROM THESE SICKOS. COMES IN NEW ART WORK, ALL TRACKS REMASTERED.